

Kearns Spirituality Center Programs

January through June 2004

SACRED DAYS . . . PROVIDENCE MOMENTS . . . PROGRAMS AND PRAYER

Yoga – Tuesday Mornings from 10:30 – 11:45 a.m.

January 6–February 3 February 17–March 16 March 23–April 20 April 27–May 25

Yoga – Tuesday Evenings from 7 to 8:30 p.m.

January 6–February 3 February 17–March 16 March 23–April 20 April 27–May 25

Yoga – Thursday Evenings from 7 to 8:30 p.m.

January 8 – February 5 February 19 – March 18 April 1 – May 6

Taize Prayer – Every Thursday from 7 – 8 p.m. from January 8 through May 27

Visitation Chapel at Kearns Spirituality Center

Morning of Prayer: The Tapestry of our Life

Wednesday, January 14 from 9:30 to 11:30 a.m.

Lectio Divina on Sundays from 1 to 2 p.m.

January 25, February 29, March 28, April 25, May 23

Tai Chi Chih

Mondays from 7 to 8:30 p.m. - February 2, 9, 16, 23 and March 1, 8, 15

Morning of Prayer: Mary in Our Everyday Life

Wednesday, February 11 from 9:30 to 11:30 a.m.

Living with a Serious Illness

Thursdays from 7 to 8:30 p.m., February 12 and 19

Conversation by Candlelight

Friday, February 13 from 7:30 to 9 p.m.

REIKI I Workshop

Saturday, February 14 from 9 a.m. to 5 p.m.

North Hills Chorale – Spring Concert (Conductor: *Tom Octave*)

Saturday, February 14 at 7 p.m. or Sunday, February 15 at 3 p.m.

Dessert social follows the concert with a special door prize.

Enneagram I Workshop

Friday evening, February 27 at 7 p.m. through Sunday afternoon, February 29 at 1 p.m.

Book Discussion, Prayer and Faith Sharing: *The Secret Life of Bees* by Sue Monk Kidd.

Mondays from 10 to 11:30 a.m., March 1, 8, 15, 22, 29, April 5

Centering Prayer – Tuesday Evening

Tuesday Evenings beginning March 2 through May 25 from 7:00 to 9 p.m.

Lenten Trilogy

The Return of the Prodigal Son: A Story of Homecoming by Henri Nouwen.

Wednesdays, March 3, 10, 17 from 7 to 8:30 p.m.

Angels: Angels are Not a Fad, They are Here to Stay
Sunday, March 7 from 1 to 2 p.m.

Morning of Prayer: Creating Your Own Holy Book
Wednesday, March 10 from 9:30 to 11:30 a.m.

Think Irish: Celtic Spirituality Evening -- Lecture, Poetry, and Music
Monday, March 15 from 7 to 8:30 p.m.

Men's Continental Breakfast and Speaker
Reflect with Fr. Peter Horton on "Gethsemane to Resurrection" and what was the dialog between Jesus and His Father in this journey.
Saturday, March 20 from 8 to 10 a.m.

Pysanky: Ukrainian Egg Decorating
Saturday, March 20 from 1 to 5 p.m.

Gifts Differing
Myers Briggs Inventory (MBTI); learn skills for working and living with others whose gifts might differ.
Wednesdays, March 24 and 31 from 10 a.m. to Noon

Glorify God in Your Body: Praying with the Body
Thursday, March 25 from 7 to 9 p.m.

Thomas Merton: Man of Prayer
Friday, March 26 from 7 to 9 p.m. and Saturday, March 27 from 9 a.m. to 3 p.m.

Morning of Prayer: Martha: Saint for Busy Women
Wednesdays, April 14 from 9:30 to 11:30 a.m.

Journaling Workshop
Tuesdays, April 13, 20, and 27 from 7 to 8:30 p.m.

Introduction to the Labyrinth w/Dr. Lauren Artress, Grace Cathedral, San Francisco
Friday, May 7 from 7 to 8:30 p.m.

Labyrinth Retreat/Workshop w/Dr. Lauren Artress, Grace Cathedral, San Francisco
Saturday, May 8 from 9:30 a.m. to 3:30 p.m.

Labyrinth Certification Workshop, Sunday and Monday, May 9 and 10

Morning of Prayer: Living Into the Promises of Resurrection Joy
Wednesday, May 12 from 9:15 to 11:30 a.m.

Mid-Life Directions: Personal and Spiritual Growth
Friday, May 21 at 7 p.m. through Sunday, May 23 at 3 p.m.

Day of Prayer and Gardening: The Garden Within
Wednesday, June 2 from 9:15 a.m. to 2 p.m.