

Busy Women Cultivating Inner Peace

Don't let the demands of your work and personal life get the best of you.

Join us at Kearns Spirituality Center (9000 Babcock Boulevard) on *Tuesday, February 21, 2012, for a Lenten Breakfast and presentation by guest speaker Anne Kertz Kernion, owner of *Cards by Anne*, an international greeting card company specializing in messages that speak to the heart and soul. Anne, who has a master's degree in theology, will share the latest research on happiness and how daily practices can increase our day-to-day happiness. According to Anne, by increasing our happiness skills—focusing more on others, counting our blessings, forgiving others and ourselves, living in the now—“we improve the lives of everyone around us.”

To register, complete and return the form below with your payment. If you have any questions, call 412-635-5401.



The Sisters of Divine Providence Breakfast Workshop: *Busy Women Cultivating Inner Peace*
Kearns Spirituality Center, February 21, 2012, 7–9 a.m.

Name _____

Address _____

City, State, Zip _____

Email _____ Primary Phone _____

No. of tickets _____ @ \$30 each = \$ _____

I would like to make a donation of \$ _____

Total enclosed: \$ _____

Make check payable to *Sisters of Divine Providence*, Development Office, 9000 Babcock Boulevard, Allison Park, PA 15101. Credit card payments are also accepted at www.divineprovidencweb.org. Simply click the *Lenten Breakfast* button.

Note: \$20 of the \$30 cost is tax deductible.

**Snow date, Tuesday, March 6, 2012. Tune in to KDKA morning news on Tuesday, February 21, for cancellation if weather is questionable, or call 412-635-5401.*

We look forward to seeing you!